



Top Dogg Training

Presents

8 Week Spring Speed & Conditioning Camp

When:	March 17th – May 8th
Tuesday & Thursday	Monday & Friday
Session 1 4:50-5:50 pm	Session 1 4:50-5:50
Session 2 6:00-7:00 pm	Session 2 6:00-7:00
Location	
Northbridge County Park	Canyon High School
27400 N. Grandview	19300 W. Nadal
Valencia 91355	Canyon Country 91351

***Sessions will be capped at 40 participants!!!**

Cost: \$30 a week or \$210 for full 8 weeks savings of 1 week.

Doing our Part: Top Dogg Training will donate \$10 back to the organization of the participating athlete after the fourth week of participation.

What do you bring: Shorts, T-shirt, cleats & tennis shoes, water, and the desire to get in shape.

**Contact Information: Coach Hodge 818-687-4219
Coach Charles 661-312-2771
Topdoggtraining@gmail.com**

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Medical Release

My child _____ has permission to attend Top Dogg Training's Speed & Conditioning Camp. (TDTS&CC)

I have no knowledge of any physical impairment that would affect or be affected by my child's participation in the TDTS&CC.

In the event of any emergency in which my child requires medical care, I authorize the staff of TDTS&CC to act for me and to obtain for him/her whatever medical treatment the staff in its best judgment deems necessary and appropriate.

I specifically consent to such treatment including, but not limited to, hospitalization and surgery and I will be responsible for any medical or other charges in connection with his attendance at camp.

I acknowledge that at TDTS&CC there is always the risk of an accident, injury or illness. My child will participate in an activity that may include, but not be limited to, contact of the body with other persons or objects, including the ground. I specifically waive and give up and release TDTS&CC, its owners and staff, from **any** and **all** liability for all claims for damages which I or my child may have for injuries or illnesses that he/she may sustain at TDTS&CC.

Print Parent/Guardian _____

Parent/Guardian _____

Emergency Number _____

Emergency Number _____